# AASLD The liver **A Betind**



### INTRODUCTION

- Alpha-1 antitrypsin deficiency (AATD) is a rare genetic disease that may lead to the development of liver and/or lung disease.
- The most severe AATD phenotypes are associated with the protease inhibitor (Pi)\*ZZ genotype, which causes the accumulation of misfolded alpha-1 antitrypsin (Z-AAT) in hepatocytes and increased risk of developing AATD-associated liver disease (AATD-LD).<sup>1</sup>
- Currently, there are no approved pharmacological therapies available for AATD-LD; consequently, liver transplantation is recommended in patients with AATD and advanced liver cirrhosis or failure.<sup>2</sup>
- Fazirsiran is an investigational small interfering RNA therapy undergoing phase 3 development in patients with AATD-LD.<sup>3,4</sup>
- Liver biopsy is the reference standard for the assessment of fibrosis in liver diseases.<sup>5</sup>
- Severity of liver fibrosis is determined by pathologist-led Meta-analysis of Histological Data in Viral Hepatitis (METAVIR) fibrosis stage.<sup>6</sup>
- Change in liver fibrosis is an important endpoint for the evaluation of efficacy of investigational therapies.
- However, pathologist-reported histology evaluation provides categorical scores which may be influenced by inter- and intra-reader variability.<sup>7</sup>
- Therefore, improved methods to objectively evaluate histological changes are needed.
- Digital quantification by collagen proportionate area (CPA) offers a reproducible and continuous score, capable of capturing dynamic changes in fibrosis.<sup>8</sup>

### AIM

To establish a digital quantification method for CPA in AATD-LD and compare it with METAVIR fibrosis stage and FibroScan<sup>®</sup> scores using data from phase 2 clinical trials of fazirsiran.

## **IETHOD**

#### Figure 1. CPA method

CPA method was established using HALO<sup>™</sup> and HALO AI (Indica Labs, Albuquerque, NM, USA)



- Samples from patients with AATD-LD who received fazirsiran/placebo and were enrolled in the AROAAT-2001 (NCT03945292) and AROAAT-2002 (NCT03946449) phase 2 trials were included in the analysis.<sup>3,4</sup>
- Formalin-fixed, paraffin-embedded, archived liver biopsy samples were utilized to prepare 4 µM-thick sections for picrosirius red (PSR) staining using a commercially available Abcam kit (ref: ab150681, Abcam, USA) by a central laboratory; slides were scanned using a Leica AT2 scanner (Leica Biosystems, UK) at 40× magnification.
- For CPA analysis, a DenseNet machine-learning algorithm was trained to identify different tissue morphologies for detection of fibrotic collagen, hepatocytes, nuclei, vessels and glands; collagen was quantified within fibrotic collagen using the area quantification method in whole-slide images of PSR-stained liver biopsy sections.
- METAVIR fibrosis stage was centrally read using semi-quantitative scales and adjudicated by three hepatopathologists blinded to treatment, patient identification and time point, and published previously.<sup>3,4</sup>
- Correlations of digitally quantified CPA with pathologist-reported METAVIR fibrosis stage and liver stiffness measurement via FibroScan were evaluated by Spearman rank correlation analysis.
- METAVIR fibrosis staging, FibroScan and additional methodological details of the previous phase 2 trials were described by Clark et al. in 2024 and Strnad et al. in 2022.<sup>3,4</sup>

#### ABBREVIATIONS

AATD, alpha-1 antitrypsin deficiency; AATD-LD, alpha-1 antitrypsin deficiency-associated liver disease; AI, artificial intelligence; BMI, body mass index; CPA, collagen proportionate area; IQR, interquartile range; METAVIR, Meta-analysis of Histological Data in Viral Hepatitis; PSR, picrosirius red; Z-AAT, misfolded alpha-1 antitrypsin.

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# DIGITAL IMAGE QUANTIFICATION OF COLLAGEN PROPORTIONATE AREA CORRELATES WITH METAVIR FIBROSIS STAGE AND LIVER STIFFNESS MEASUREMENT VIA FIBROSCAN<sup>®</sup> IN ALPHA-1 ANTITRYPSIN DEFICIENCY-ASSOCIATED LIVER DISEASE V. GUPTA<sup>1</sup>, F. HONG<sup>1</sup>, J.-C. CHUANG<sup>1</sup>, D. CORDOVER<sup>1</sup>, J. CHENG<sup>1</sup>, N.K. DESAI<sup>1</sup>, S. GONZALEZ<sup>1</sup>, P. THAKKER<sup>1</sup>, T. SCHLUEP<sup>2</sup>, P. STRNAD<sup>3</sup>, V.C. CLARK<sup>4</sup>, R. LOOMBA<sup>5</sup>,

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### RESULTS

#### Table 1. Baseline patient characteristics

Overall, 41 patients from the AROAAT-2001 (*n* = 25) and AROAAT-2002 (*n* = 16) trials had evaluable paired baseline and post-treatment liver histological data

	AROAAT-2001 ( <i>n</i> = 25)	AROAAT-2002 ( <i>n</i> = 16)	Overall ( <i>N</i> = 41)
Age, years, median (IQR)	57.0 (47.0, 64.0)	56.0 (49.0, 62.2)	56.0 (47.0, 63.0)
BMI, kg/m², median (IQR)	28.9 (24.8, 36.1)	25.1 (21.8, 27.9)	26.6 (24.4, 31.2)
Male, <i>n</i> (%)	14 (56.0)	14 (87.5)	28 (68.3)
METAVIR fibrosis stage, <i>n</i> (%)			
0	3 (12.0)	1 (6.3)	4 (9.8)
1	9 (36.0)	2 (12.5)	11 (26.8)
2	11 (44.0)	6 (37.5)	17 (41.5)
3	2 (8.0)	4 (25.0)	6 (14.6)
4	0	2 (12.5)	2 (4.9)
Missing	0	1 (6.3)	1 (2.4)
CPA, %, median (IQR)	2.9 (1.7, 5.1)	2.3 (1.6, 4.2)	2.6 (1.7, 4.6)
Liver stiffness measurement via FibroScan, kPA, median (IQR)	7.6 (4.4, 11.0)	9.2 (7.1, 11.8)	7.9 (5.6, 11.4)

### Figure 2. Pre- and post-treatment PSR-stained biopsies and markup for CPA digital quantification

Representative images were taken from two patients with progression or regression of liver fibrosis



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DISCLOSURES

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Change in CPA showed a positive but not statistically significant correlation with change in METAVIR fibrosis stage post-treatment (Figure 4B).

Change in METAVIR fibrosis stage showed a positive but not statistically significant correlation with change in liver stiffness measurement via FibroScan post-treatment (**Figure 4C**).

## **CONCLUSIONS AND FUTURE DIRECTIONS**

- CPA correlated significantly with METAVIR fibrosis stage and liver stiffness measurement via FibroScan.
- This suggests value in continuous scores for the quantification of liver fibrosis and potential for the utility of CPA as a measure of fibrosis in AATD-LD biopsy to complement pathologist-led histological evaluation.
- Comparison with other noninvasive tests, including magnetic resonance elastography and Fibrosis-4, should be considered where data are available.
- More advanced AI/machine-learning approaches may further substantiate analyses and support therapeutic development in AATD-LD.

#### IMITATIONS

- The sample size from the combined AROAAT-2001 and AROAAT-2002 trials was small (*n* = 41) and most patients had a low METAVIR fibrosis stage ( $\leq 2$ ).
- Both CPA and METAVIR fibrosis staging are biopsy-based assessments and may be affected by sample size, location, quality and staining; METAVIR fibrosis stage may also be influenced by inter- and intra-reader variability.
- CPA is a continuous score derived by automated methods but does not capture architectural changes.

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